

HIEC Virtual Career Lab
Career Path BINGO and at Home Networking

Task 1: Play Career Path BINGO by reaching out to friends/family over the phone/online and learn about their career path story.

Here are some questions that are helpful in supporting you through completing your BINGO game:

- ☐ What kinds of jobs/occupations have you held across your working career?
- ☐ What has/was your educational experience like?
- ☐ Is your work considered an occupation or profession?
- ☐ How would you describe your occupation/profession in your own words?
- ☐ What are some of your day to day tasks?
- ☐ What are some of the main skills that you use everyday?
- ☐ What do you love about your occupation/profession?

Task 2: Use your network!

What is networking?

"[[Networking](#)] means to develop a broad list of contacts, such as people you've met through various social and business functions, and using them to your advantage when you look for a job."

Your network contacts may be able to give you job leads, offer you advice and information about a particular company or industry, and introduce you to others so that you can expand your network." (<https://info.prepareforcanada.com/working/the-importance-of-networking-in-canada>)

Here's different ways that you can take advantage of your network today:

- Do an online interview with a friend or family member to learn more about their role and responsibilities
- Offer to volunteer at a friend's or family member's workplace
- Inquire as to whether your friend or family member's workplace would allow a temporary work placement
- Ask a friend or family member if they know someone in a industry sector that you are interested in and request an introduction
- Set up a workplace site tour at a workplace that interests you



Career Path BINGO

<p>Changed their Profession</p> <p>Name: _____</p>	<p>Changed college or university programs</p> <p>Name: _____</p>	<p>A skilled trades worker</p> <p>Name: _____</p>	<p>Is currently enrolled in or completed a Co-op Program</p> <p>Name: _____</p>	<p>Works in the Art, Culture, or Entertainment sector</p> <p>Name: _____</p>
<p>Has had 5+ occupations across the course of their career</p> <p>Name: _____</p>	<p>Is currently enrolled in or completed an apprenticeship program</p> <p>Name: _____</p>	<p>Works in the Health and/or Medicine sector</p> <p>Name: _____</p>	<p>Is currently enrolled in or completed a Specialist High Skills Major program</p> <p>Name: _____</p>	<p>Works in the Science, technology, or Environment</p> <p>Name: _____</p>
<p>Worked in the same industry for 10 years +</p> <p>Name: _____</p>	<p>An automotive worker</p> <p>Name: _____</p>	<p>FREE</p>	<p>Works in the Law, Government, or Social Sciences sector</p> <p>Name: _____</p>	<p>Works in the Business and/or Finance sector</p> <p>Name: _____</p>
<p>Struggled in school but now feels they've achieved their dreams</p> <p>Name: _____</p>	<p>Went straight into workplace after high school</p> <p>Name: _____</p>	<p>Works in the Sports, Travel, or Hospitality sector</p> <p>Name: _____</p>	<p>Is still figuring out what they want to do</p> <p>Name: _____</p>	<p>Has a Master's Degree or PHD</p> <p>Name: _____</p>
<p>An Entrepreneur</p> <p>Name: _____</p>	<p>Works in the Education, Community, or Personal Services sector</p> <p>Name: _____</p>	<p>An Educator</p> <p>Name: _____</p>	<p>An essential service worker</p> <p>Name: _____</p>	<p>Works in the Skilled Trades, Motive Power, and/or manufacturing</p> <p>Name: _____</p>

