

HIEC Virtual Career Lab Research into Essential Services Contest

Essential services workers are on the front line in our fight against COVID-19. These workers allow us to access the resources that we need in order to continue to function as a society.

For this activity you will need to:

1. Learn which businesses have been identified as “essential.” Explore the [List of essential workplaces](#).

Discussion (Consider talking with someone at home or someone you know online)

- a. Why do you think these businesses were included on the “essential businesses” list?
- b. Are there any essential services on the list that you find surprising or perhaps “non essential”? Why or why not?

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| 1. Supply chains | 11. Resources |
| 2. Retail and wholesaling | 12. Environmental services |
| 3. Food services and accommodations | 13. Utilities and community services |
| 4. Institutional, residential, commercial and industrial maintenance | 14. Communications industries |
| 5. Telecommunications and IT infrastructure/service providers | 15. Research |
| 6. Transportation | 16. Health care and seniors care and social services |
| 7. Manufacturing and production | 17. Justice sector |
| 8. Agriculture and food production | 18. Other businesses |
| 9. Construction | 19. Business regulators and inspectors |
| 10. Financial activities | |

2. Choose an essential business that you are interested in for further research.

- a. Go to [Job profiles](#) and explore a job title from the essential business you selected
- b. Enter the essential business into the occupation box (i.e. Farming, transportation, broadcast media etc...) and select a job title from the drop down menu.
- c. Select your province and then click select

Career planning

Explore an occupation

Learn about an occupation: available jobs, wages, career prospects, skills, job requirements and more.

Transportation

- transportation clerk (1526)
- transportation manager (0731)
- transportation planner (2153)
- transportation director (0731)
- transportation engineer (2131)

Choose a career

- Fields of study
- Career quizzes
- Job profiles**
- Skills and knowledge

3. Complete one of the activities below.



Task 1 (suitable for all grades)

Create a digital or paper-based picture of your essential worker. Remember to include lots of details like: Uniforms they wear, equipment they use, and background details about what their work environment looks like. Below are examples.



Task 2 (suitable for grades 6-12)

Write a description of your essential worker's job that includes the reasons why this job is so essential.

Optional: (K-12) Include a "thank you" portion in your response to a person working in this service.

Guided questions:

- What are the qualifications needed to achieve this role?
- What are some of the day-to-day tasks involved in this role?
- What are the skills involved for being effective in this role?
- What would happen if this service wasn't available?

Task 3 (suitable for grades 9-12)

Ask someone you know in the essential services to do an interview with you via: Skype, Zoom, FB Video, Facetime, etc...

Possible interview questions to help you get started :

- ☐ How would you describe your job in your own words?
- ☐ What are some of your day to day tasks?
- ☐ What are some of the main skills that are required in order to be successful in your role?
- ☐ Can you describe what your career path has looked like in order to get to your position?
- ☐ What type of education is required or would you recommend to be successful in this industry sector/role?
- ☐ How would you describe your workplace environment ?
- ☐ What do you love about your job?

Send us your projects! Enter the contest by sending us your pictures, research and maybe even the recorded interviews via email at bjgilbert@hiec.on.ca.

Also, be sure to follow us on our social media channels below to keep up to date with all of our ongoing activities and contests!

www.hiec.on.ca

